

14.-16.  
November  
2025



GEMEINSCHAFT  
**Sonnenwald**

*"When you stop digging,  
you start growing life."*  
Charles Dowding



## No-Dig-Workshop with Charles Dowding

### Content

- The No-Dig Gardening Method: For home growers and professionals
- Maximizing Harvests: Techniques to boost productivity in your garden
- Steps Toward Self-Sufficiency: Soil health, composting, fertility, and seed saving

### Program

- **Friday:** Introduction to the No-Dig Method – Talk by Charles Dowding
- **Saturday:** Full-Day Hands-On Workshop in the Garden with C. D.
- **Sunday:** Path to Self-Sufficiency – Presentation & Garden Tour with Market Gardeners of Hof Sonnenwald

**Further information & registration:**

<https://sonnenwald.org/seminare/charles-dowding-workshop/>

