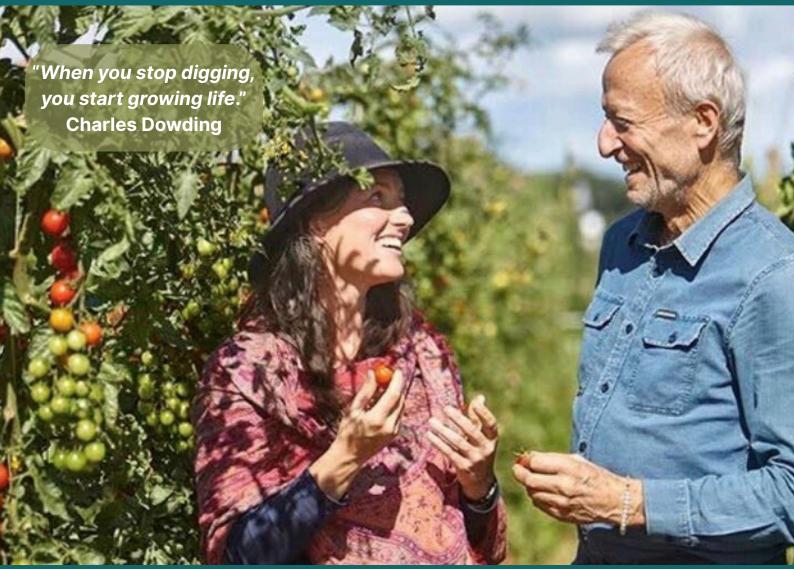
14.-16. November 2025



## Sonnenwald



## No-Dig-Workshop with Charles Dowding

## **Content**

- The No-Dig Gardening Method: For home growers and professionals
- Maximizing Harvests: Techniques to boost productivity in your garden
- Steps Toward Self-Sufficiency: Soil health, composting, fertility, and seed saving

## **Program**

- Friday: Introduction to the No-Dig Method – Talk by Charles Dowding
- Saturday: Full-Day Hands-On Workshop in the Garden with C. D.
- Sunday: Path to Self-Sufficiency –
  Presentation & Garden Tour with
  Market Gardeners of Hof
  Sonnenwald